



## 2010 MEN'S "DAY OF SELF-ESTEEM" FACT SHEET

**WHAT:** A life-transforming day for residents of local shelters (Orange County, Long Beach, Los Angeles and Inland Empire) that includes a variety of complimentary services:

- Motivational and goal setting seminars
- Personal grooming services
- Wardrobe selection
- Career Fair
- Finale

**WHEN:** Sunday, October 10, 2010 - 7:00 am - 5:00 pm

**WHO:** 125 male residents who have completed the "The First Steps to Career Success" workshops facilitated by our volunteer Success Coaches.

**WHY:** Re-entry into the world of work poses real barriers to men who need a self-esteem boost and the professional attire to make a good first impression in an interview. This "Day of Self-Esteem" provides job ready candidates with the final touches they need to feel confident in the interview and on the job.

**WHERE:** Los Amigos High School  
16566 Newhope Street  
Fountain Valley, CA 92708

**HOW CAN I HELP? LOTS of ways!**

- Host a men's clothing/accessory drive. Plus size men's clothing is critically important, as are good quality men's shoes/belts and dress shirts.
- Volunteer at the Working Wardrobes Donation Center: Monday-Saturday 10:00am-2:00pm
- Volunteer to work the event – register online!
- Arrange to exhibit at our Career Fair and discuss job openings



Working Wardrobes for a New Start  
3030 Pullman Street, Costa Mesa CA 92626  
714-210-2460 Fax 714-434-2870  
[www.workingwardrobes.org](http://www.workingwardrobes.org)